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**FOR IMMEDIATE RELEASE**

**TEXAS CAN HELP FRIENDS & NEIGHBORS DURING MENTAL HEALTH MONTH**  
*Proceeds of HOPE Water fund mental health assistance, sold at select HEB stores*

AUSTIN, TEXAS (May 2011) – In light of recent budget cuts to mental health services in the state of Texas, it is important for families with children dealing with mental health issues to continue to receive access to proper treatment. With an estimated one in five young people affected by mental health problems, Austin-based nonprofit Hope4MentalHealth.org is dedicated to helping those children combat mental health disorders through counseling, education, and support programs.

Southcentral Texas residents can help their neighbors and friends struggling with mental health by purchasing Hope4MentalHealth.org Natural Spring Bottled Water at select HEB locations. All proceeds will directly support families and children in need of mental health services throughout southcentral Texas. The water will be available for sale during and after Children's Mental Health Awareness Week (May 1-7) and Mental Health Month (May 1-31).

Hope4MentalHealth.org Natural Spring Bottled Water is available for purchase the HEB stores located at:

- **Austin:** 11521 N. FM620, Austin  
12400 St Hwy 71 West, Austin  
10710 Research Blvd., Austin
- **Bryan:** 725 E. Villa Maria, Bryan
- **Corpus Christi:** 1145 Waldron Road, Corpus Christi
- **Houston – Bunker Hill:** 9700 Katy Freeway, Houston
- **Houston – Cypress:** 5225 Buffalo Speedway, Houston
- **San Antonio:** 20935 US Hwy 281 N, San Antonio  
12777 I -10 West, San Antonio
- **Waco:** 9100 Woodway Dr., Waco

Founded in 2009 by businessman Craig Huxford who has battled OCD throughout his life, Hope4MentalHealth.org strives help to provide proper services and treatment and allow children with mental health issues grow and succeed in a competitive environment through the water sales.

“With an estimated two-thirds of all young people with mental health problems not receiving proper care, we want to help the citizens in state of Texas take a step forward in supporting those combating mental illnesses,” said Huxford. “Every bottle of Hope4MentalHealth.org water promotes self-health and supporting mental health initiatives for Texas’s youngest residents in need.”

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Austin-based Hope4MentalHealth.org aims to provide hope through results for children with mental illnesses by offering counseling, education and support programs. Through the organization's sales of their Natural Spring Bottled Water, 100 percent of the proceeds directly benefit families in need of mental illness and emotional disorder support. For more information, visit <http://hope4mentalhealth.org>.